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**Celebrating 10 Years of Support**

**December 2022 Contact Maxine 07450 206312**

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| Thursday | 1 | Reading Group in person 10.30-12noon Yealmpton Parish Room £2.00. Or by Zoom. Request code to join |
| Friday | 2 | Christmas Singing Along, community singing with the Colin George and the Sunset Swing Band 2-3.30pm Yealmpton Methodist Hall £3.00 |
| Saturday | 3 |  |
| Sunday | 4 |  |
| Monday | 5 | Art & Craft Group 10.30am – 12.00pm Yealmpton Comm Centre £3.00 |
| Tuesday | 6 | Gentle Exercise 10.30 – 11.30 Yealmpton Methodist Hall £5.00 |
| Wednesday | 7 | Walking Group Wembury 10.30am. Meet in car park at end of Barton Close Wembury |
| Thursday | 8 | Reading Group in person 10.30-12noon Yealmpton Parish Room £2.00. Or by Zoom. Request code to join |
| Friday | 9 | Coffee and a Chat 2-3.30pm Rose and Crown, Yealmpton £2.50 |
| Saturday | 10 |  |
| Sunday | 11 |  |
| Monday | 12 |  |
| Tuesday | 13 | Gentle Exercise 10.30 – 11.30 Yealmpton Methodist Hall £5.00 |
| Wednesday | 14 | Walking Group Wembury 10.30am. Meet in car park at end of Barton Close Wembury |
| Thursday | 15 | Reading Group in person 10.30-12noon Yealmpton Parish Room £2.00. Or by Zoom. Request code to join |
| Friday | 16 | Carer Support on Zoom 2.30-3.30 call Maxine for the Zoom link if you would like to attend and aren’t already on the list. |
| Saturday | 17 |  |
| Sunday | 18 |  |
| Monday | 19 |  |
| Tuesday | 20 | Gentle Exercise 10.30 – 11.30 Yealmpton Methodist Hall £5.00 |
| Wednesday | 21 |  |
| Thursday | 22 |  |
| Friday | 23 |  |
| Saturday | 24 |  |
| Sunday | 25 |  |
| Monday | 26 |  |
| Tuesday | 27 |  |
| Wednesday | 28 |  |
| Thursday | 29 |  |
| Friday | 30 |  |
| Saturday | 31 |  |

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