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**Celebrating 10 Years of Support**

**March 2023 Contact Maxine 07450 206312**

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| Wednesday | 1 | Walking Group Wembury 10.30am. Meet in car park at end of Barton Close Wembury |
| Thursday | 2 | Reading Group in person 10.30-12noon Yealmpton Parish Room £2.00. Or by Zoom. Request code to join |
| Friday | 3 |  |
| Saturday | 4 |  |
| Sunday | 5 |  |
| Monday | 6 | Art & Craft Group 10.30am – 12.00pm Yealmpton Comm Centre £3.00 |
| Tuesday | 7 | Gentle Exercise 10.00 – 11.00 and 11.15-12.15 Yealmpton Methodist Hall £5.00 |
| Wednesday | 8 | Walking Group Wembury 10.30am. Meet in car park at end of Barton Close Wembury |
| Thursday | 9 | Reading Group in person 10.30-12noon Yealmpton Parish Room £2.00. Or by Zoom. Request code to join |
| Friday | 10 | Coffee & Chat 2-3.30pm Rose and Crown Yealmpton £2.50 |
| Saturday | 11 |  |
| Sunday | 12 |  |
| Monday | 13 |  |
| Tuesday | 14 | Gentle Exercise 10.00 – 11.00 and 11.15-12.15 Yealmpton Methodist Hall £5.00 |
| Wednesday | 15 | Walking Group Wembury 10.30am. Meet in car park at end of Barton Close Wembury |
| Thursday | 16 | Reading Group in person 10.30-12noon Yealmpton Parish Room £2.00. No Zoom |
| Friday | 17 | Singing Along, community singing with the Brixton Village-Airs  2-3.30pm Yealmpton Methodist Hall £3.00 |
| Saturday | 18 |  |
| Sunday | 19 |  |
| Monday | 20 | Art & Craft Group 10.30am – 12.00pm Yealmpton Comm Centre £3.00 |
| Tuesday | 21 | Gentle Exercise 10.00 – 11.00 and 11.15-12.15 Yealmpton Methodist Hall £5.00 |
| Wednesday | 22 | Walking Group Wembury 10.30am. Meet in car park at end of Barton Close Wembury |
| Thursday | 23 | Reading Group in person 10.30-12noon Yealmpton Parish Room £2.00. No Zoom |
| Friday | 24 |  |
| Saturday | 25 |  |
| Sunday | 26 |  |
| Monday | 27 |  |
| Tuesday | 28 | Gentle Exercise 10.00 – 11.00 and 11.15-12.15 Yealmpton Methodist Hall £5.00 |
| Wednesday | 29 | Walking Group Wembury 10.30am. Meet in car park at end of Barton Close Wembury |
| Thursday | 30 | Reading Group in person 10.30-12noon Yealmpton Parish Room £2.00. Or by Zoom. Request code to join |
| Friday | 31 | Carer Support on Zoom 2.30-3.30 call Maxine for the Zoom link if you would like to attend and aren’t already on the list. |

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