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**Celebrating 10 Years of Support**

**July 2023 Contact 07450 206312**

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| Saturday | 1 |  |
| Sunday | 2 |  |
| Monday | 3 |  |
| Tuesday | 4 | Gentle Exercise 10.00 – 11.00 and 11.15-12.15 Yealmpton Methodist Hall £5.00 |
| Wednesday | 5 | Walking Group Wembury 10.30am. Meet in car park at end of Barton Close Wembury |
| Thursday | 6 | Reading Group in person 10.30-12noon Yealmpton Parish Room £2.00. Or by Zoom. Request code to join |
| Friday | 7 |  |
| Saturday | 8 |  |
| Sunday | 9 |  |
| Monday | 10 |  |
| Tuesday | 11 | Gentle Exercise 10.00 – 11.00 and 11.15-12.15 Yealmpton Methodist Hall £5.00 |
| Wednesday | 12 | Walking Group Wembury 10.30am. Meet in car park at end of Barton Close Wembury |
| Thursday | 13 | Reading Group in person 10.30-12noon Yealmpton Parish Room £2.00. Or by Zoom. Request code to join |
| Friday | 14 | Coffee & Chat 2-3.30pm Rose and Crown Yealmpton £2.50 |
| Saturday | 15 |  |
| Sunday | 16 |  |
| Monday | 17 |  |
| Tuesday | 18 | Gentle Exercise 10.00 – 11.00 and 11.15-12.15 Yealmpton Methodist Hall £5.00 |
| Wednesday | 19 | Walking Group Wembury 10.30am. Meet in car park at end of Barton Close Wembury |
| Thursday | 20 | Reading Group in person 10.30-12noon Yealmpton Parish Room £2.00. Or by Zoom. Request code to join |
| Friday | 21 | Singing Along, community singing with the Brixton Village-Airs 2-3.30pm Yealmpton Methodist Hall £3.00 |
| Saturday | 22 |  |
| Sunday | 23 |  |
| Monday | 24 |  |
| Tuesday | 25 | Gentle Exercise 10.00 – 11.00 and 11.15-12.15 Yealmpton Methodist Hall £5.00 |
| Wednesday | 26 | Walking Group Wembury 10.30am. Meet in car park at end of Barton Close Wembury |
| Thursday | 27 | Reading Group in person 10.30-12noon Yealmpton Parish Room £2.00. Or by Zoom. Request code to join |
| Friday | 28 |  |
| Saturday | 29 |  |
| Sunday | 30 |  |
| Monday | 31 |  |

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